

CHECK IN WITH US BETWEEN VISITS

WITH OUR EASY-TO-USE APP

Your doctor has recommended a powerful new program for you. It is a special care management tool we can use to regularly check in with you: the **Associated Physicians** Mobile App.

This app provides you with 1-click access to our appointment desk, 24-hour help line, your health records portal, medical information, and many other resources you might find very useful.

It is also a way for our office to check in with you on a regular basis — in a convenient, simple way that fits in to your daily schedule.

The Associated Physicians mobile app is part of our commitment to use the best technology to help you remain as healthy as possible.

The office will help you load the app onto your phone or other mobile device and will show you how it works. It's very simple.

Once the app is implemented, you will receive one **Short Message** each day for the first five days, to orient you to the program and make sure you are confident in using it. You will have access to short educational videos.

In about a week, you will begin receiving **Care-Related Messages** and will be asked to fill out short, simple **Reply Forms**: Most are on a 1x per week schedule. Your replies will let your doctor know how you are doing, and will let us know if anything is happening where we may be able to help.

You are in complete control: You can always choose to discontinue receiving the messages and Reply Forms if this program is not right for you. But please give it a try — it's an easy and important way to support your good health.

If you have any questions, please call us directly; there is even a special button right in the app that will directly dial our number.

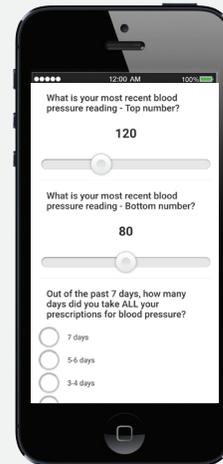


An Easy Way to Let Us Know About Your Progress

You will receive reminder notifications on your phone that you have a "Journey" to complete.



*Answer each of the questions; then click on **SUBMIT** to send your responses directly to our office.*



Our app has special 1-click buttons, to make it easy to reach us or get information.

